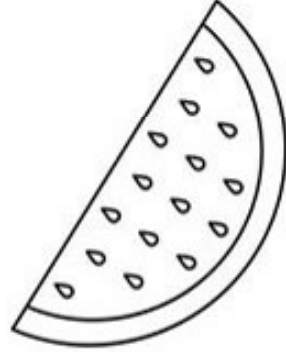
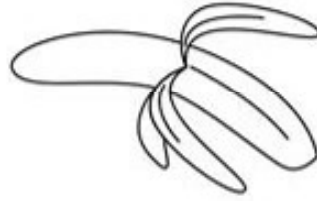
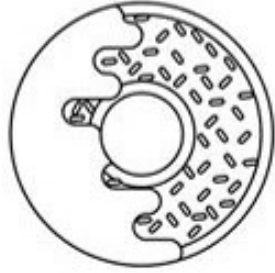
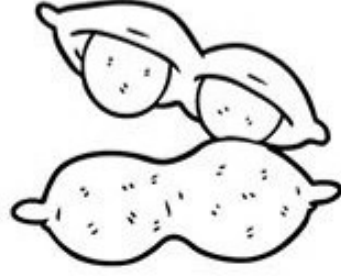
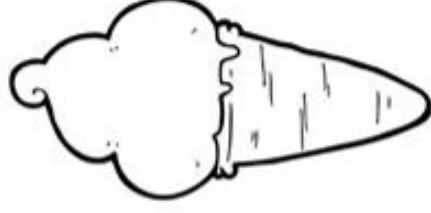
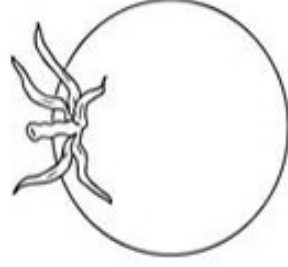


**Colore ce qui est
bon pour la santé.**

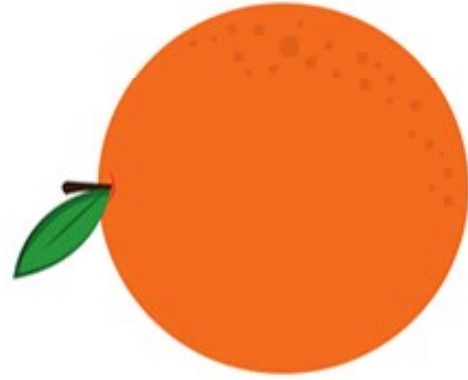
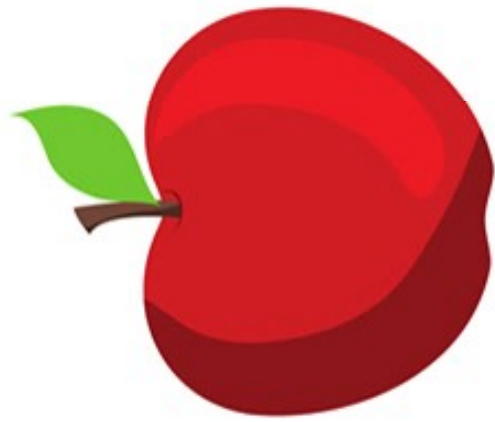




extérieur



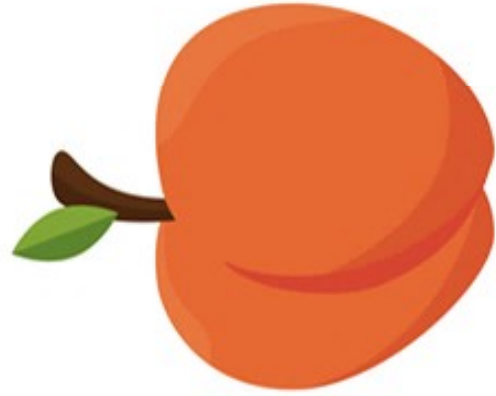
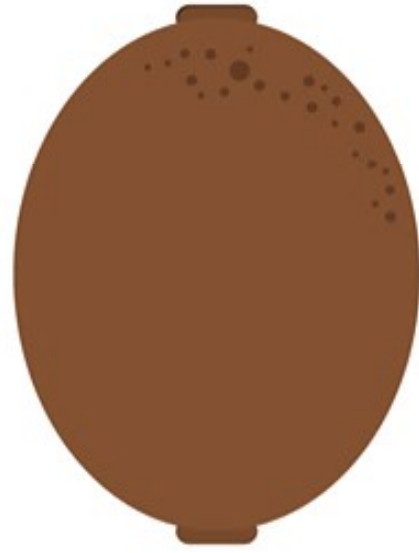
intérieur



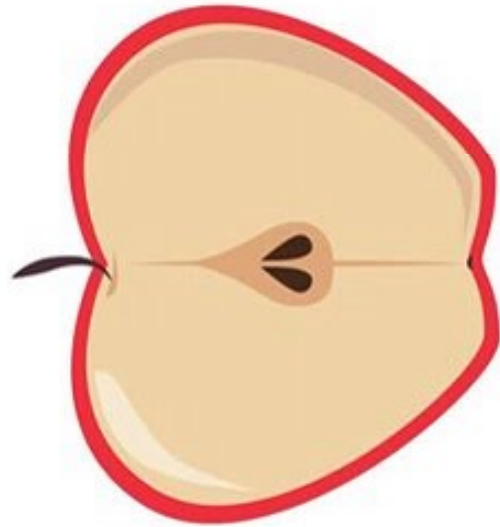
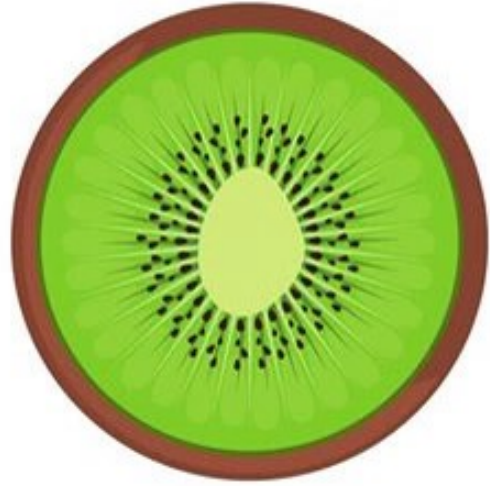
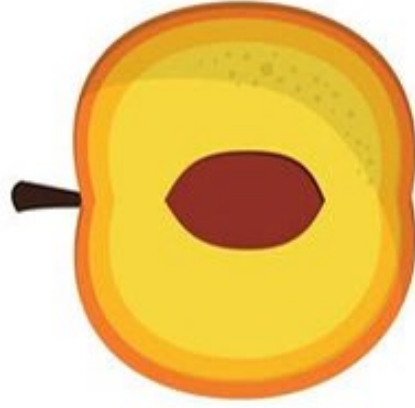
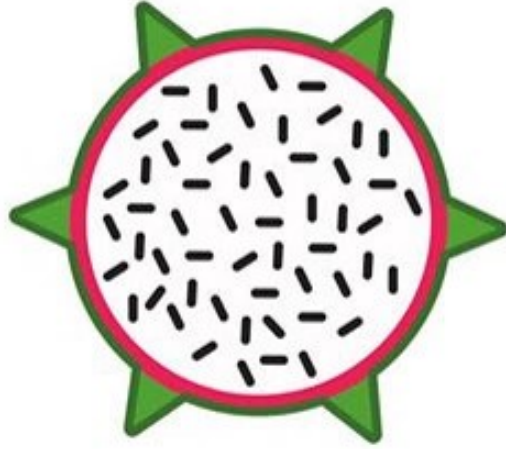
extérieur



intérieur



découpe les intérieurs





L'alimentation

Les fruits



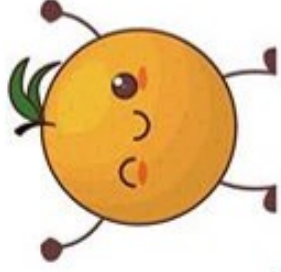
BANANE



FRAMBOISE



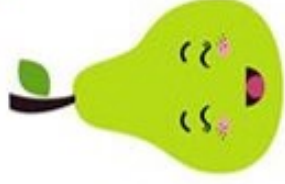
MELON D'EAU



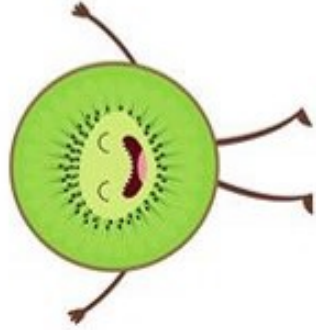
ORANGE



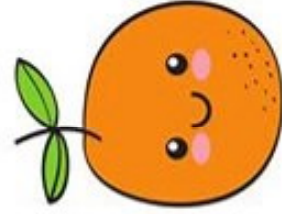
PÊCHE



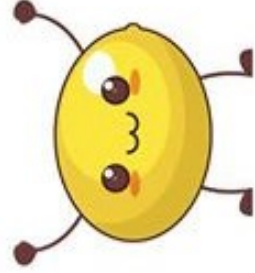
POIRE



KIWI



CLÉMENTINE



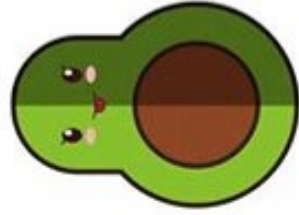
CITRON



ANANAS



POMME



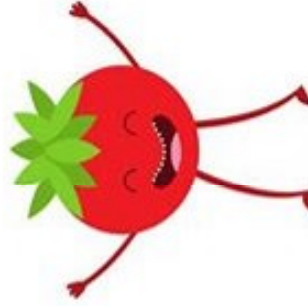
AVOCAT



CERISE



MANGUE



TOMATE



LIME

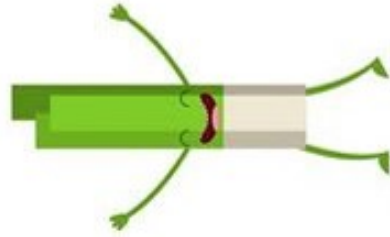


BLEUET

Les légumes



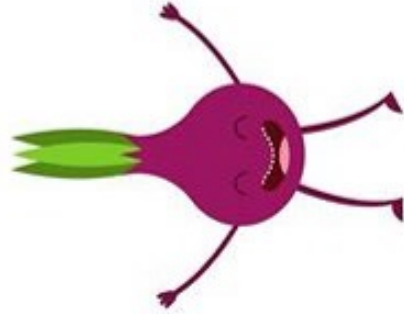
PIMENT



POIREAU



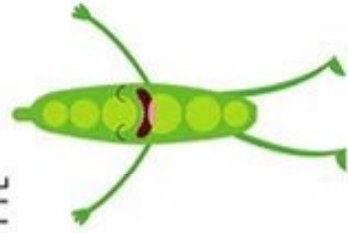
CITROUILLE



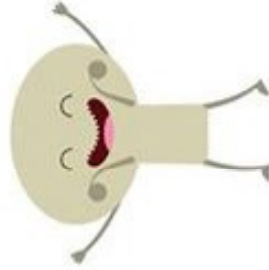
OIGNON



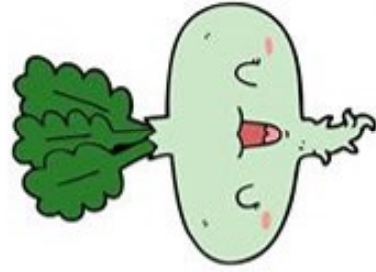
CAROTTE



POIS



CHAMPIGNON



NAVET



LAITUE



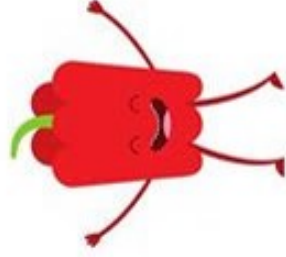
BETTERAVE



BROCOLI



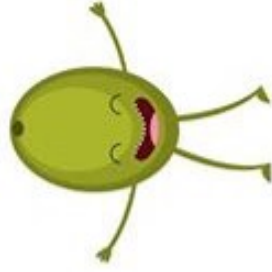
CELERI



POIVRON



CHOU DE
BRUXELLES



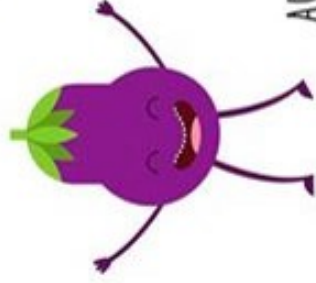
OLIVE



POMME DE
TERRE

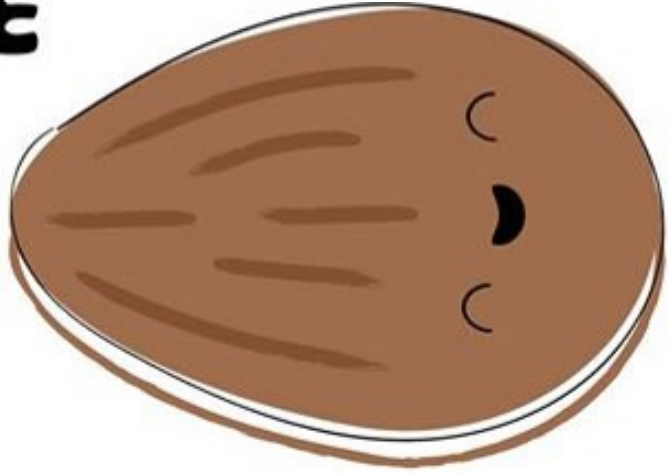


CHOU FLEUR

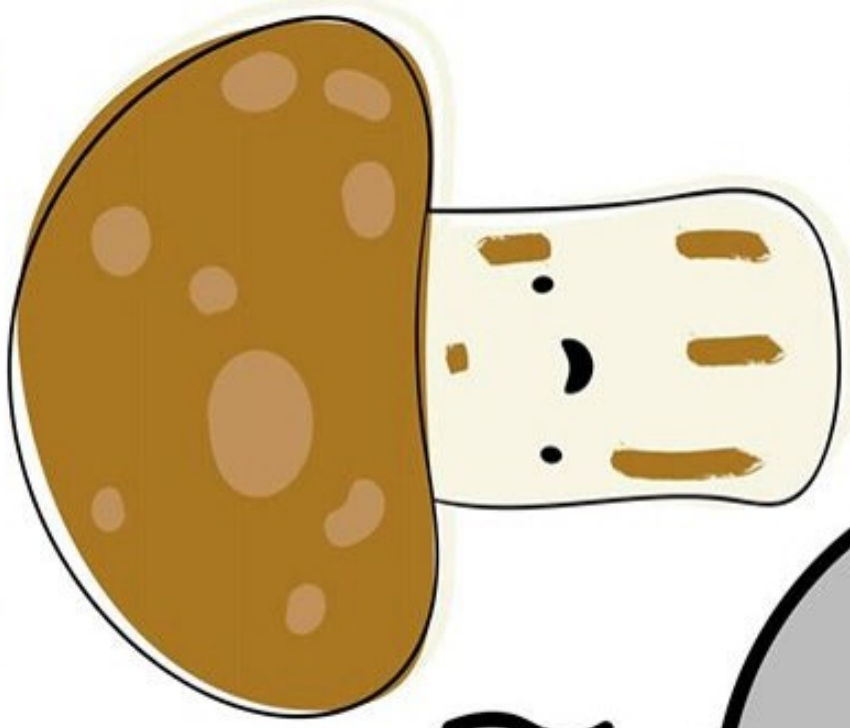


AUBERGINE

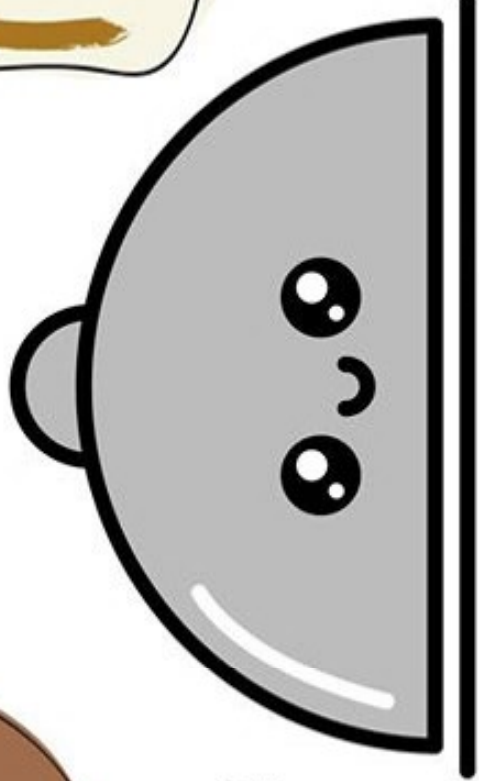
Ce que j'aime le plus manger.



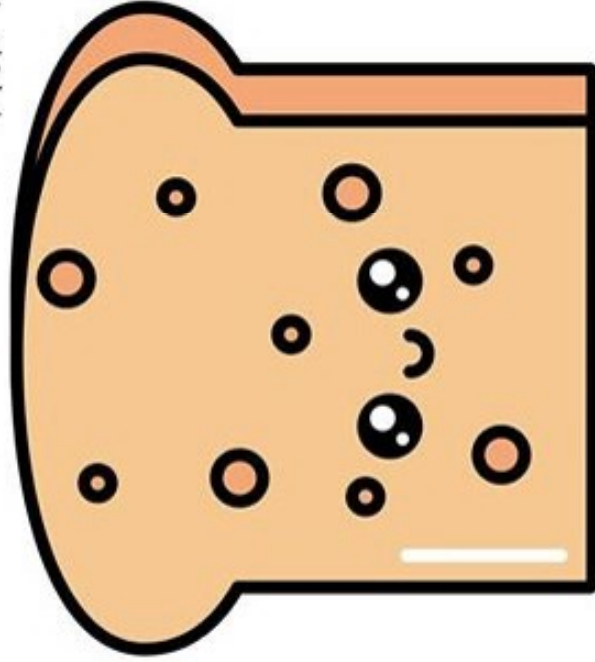
MON ALIMENT
PROTÉINE PRÉFÉRÉ



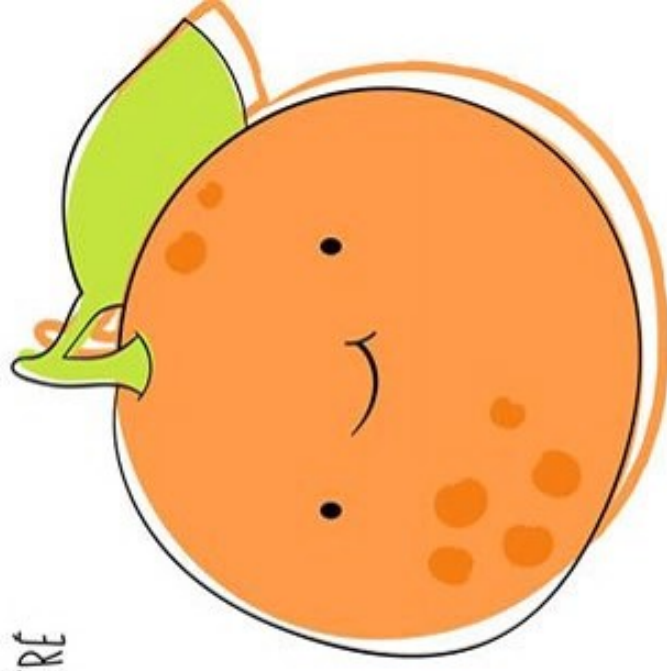
MON LÉGUME
PRÉFÉRÉ



MON REPAS PRÉFÉRÉ



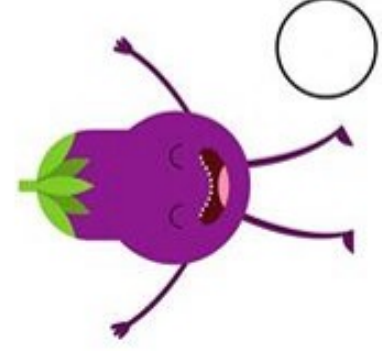
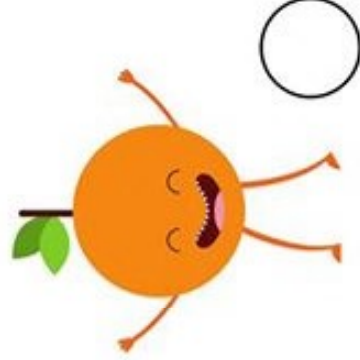
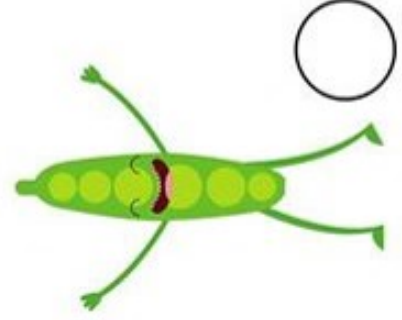
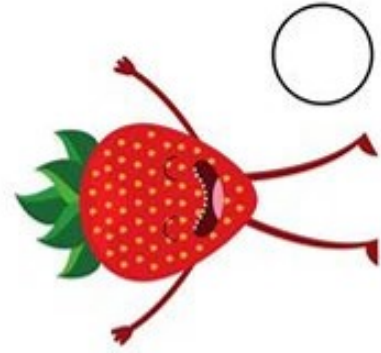
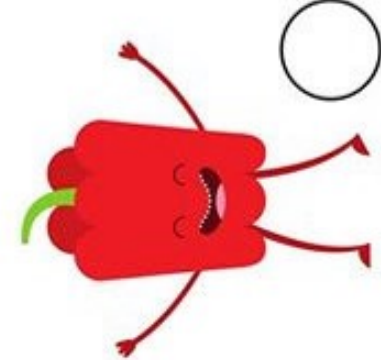
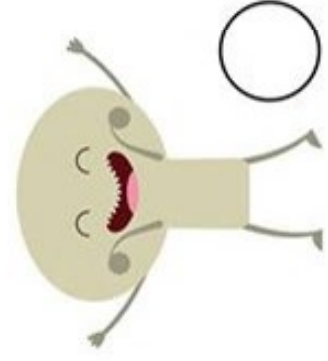
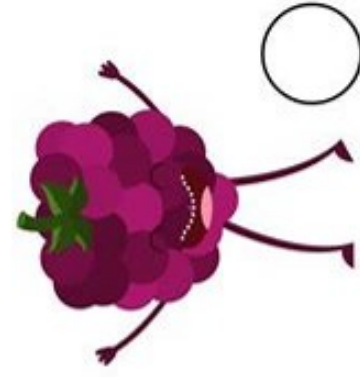
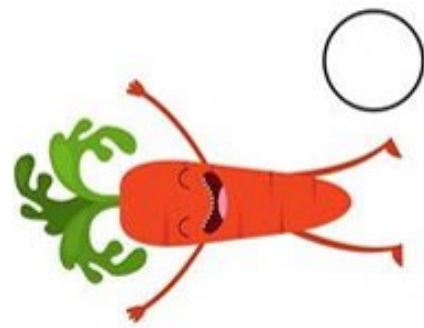
MON ALIMENT À GRAINS
ENTIERS PRÉFÉRÉ



MON FRUIT PRÉFÉRÉ

Fruit ou légumes?

INSPIRATION PINTEREST PLANES&BALLOONS

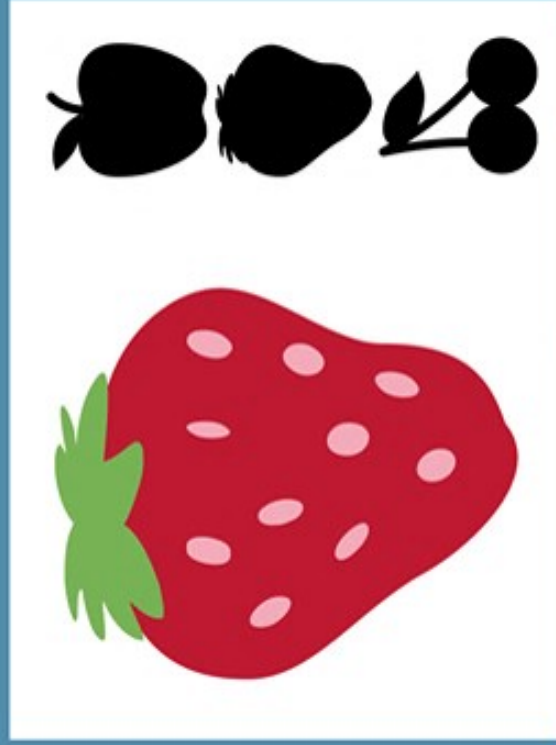
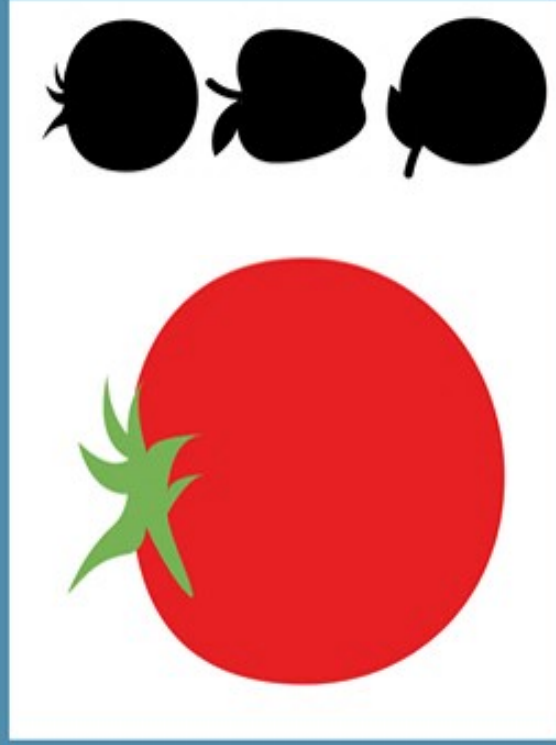
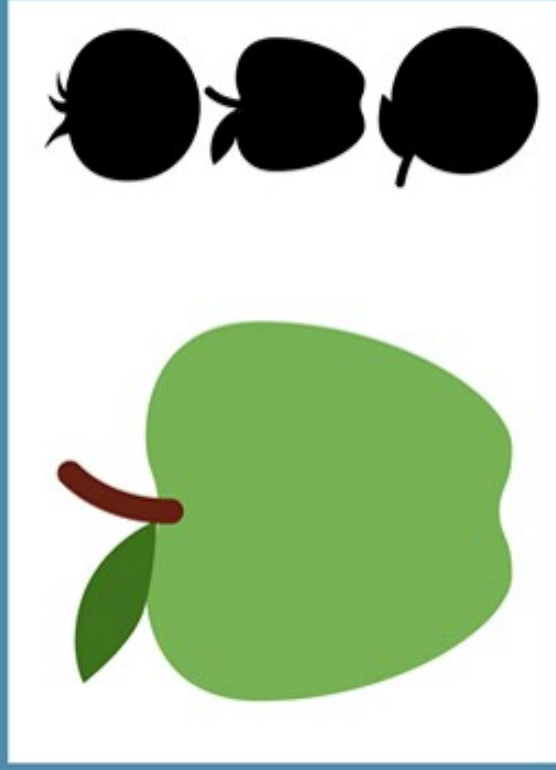
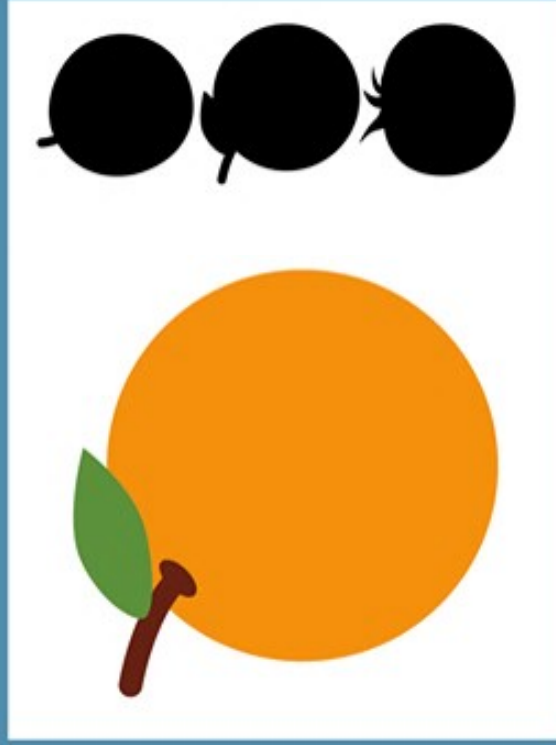


COLORE EN BLEU LES FRUITS ET EN ROUGE LES LÉGUMES

d'où viennent ces aliments?

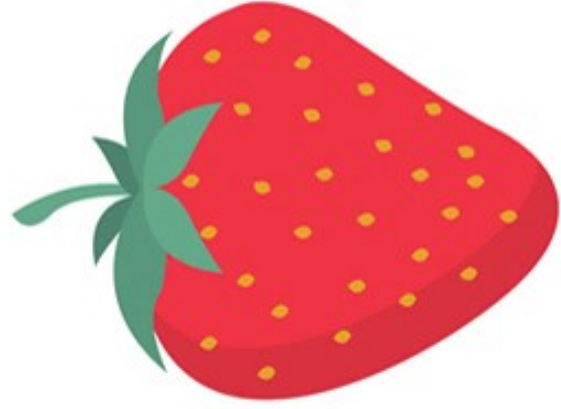


associe l'ombre

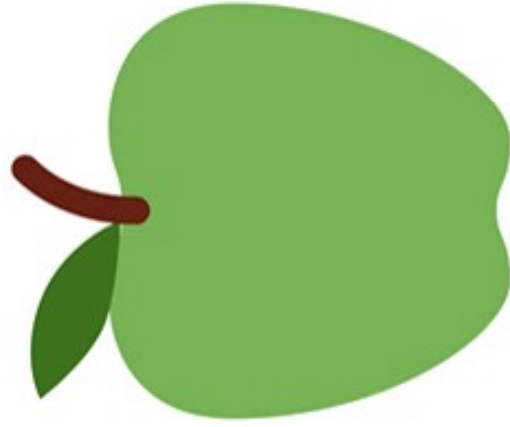




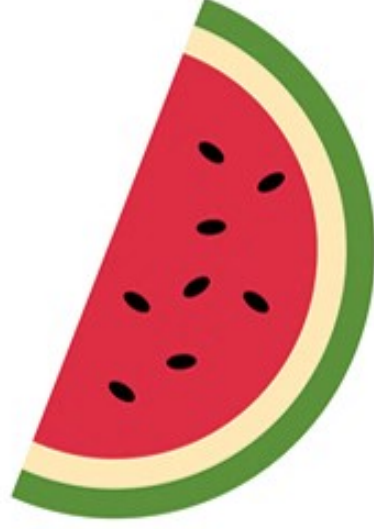
FRUITS



FRAISE



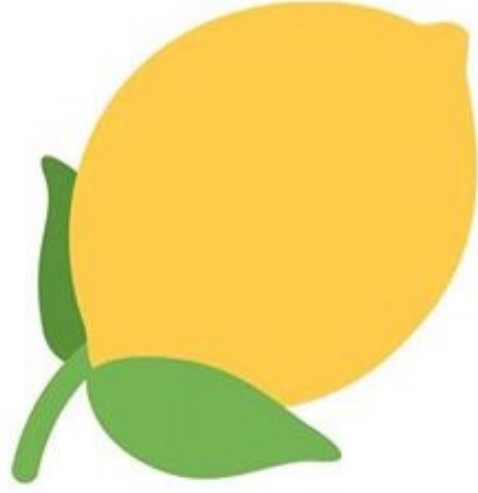
POMME



MELON D'EAU



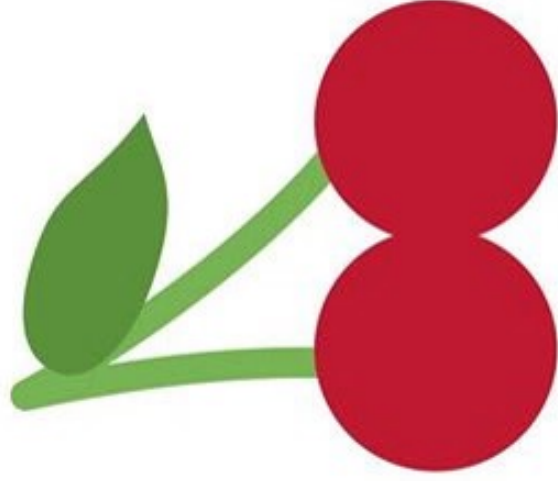
ORANGE



CITRON



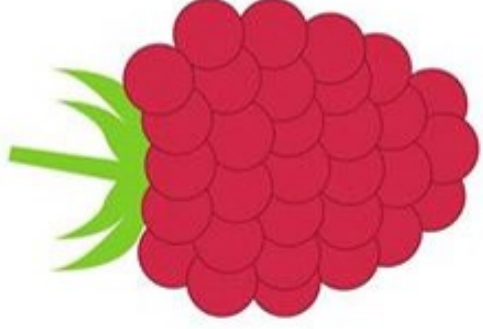
PÈCHE



CERISE



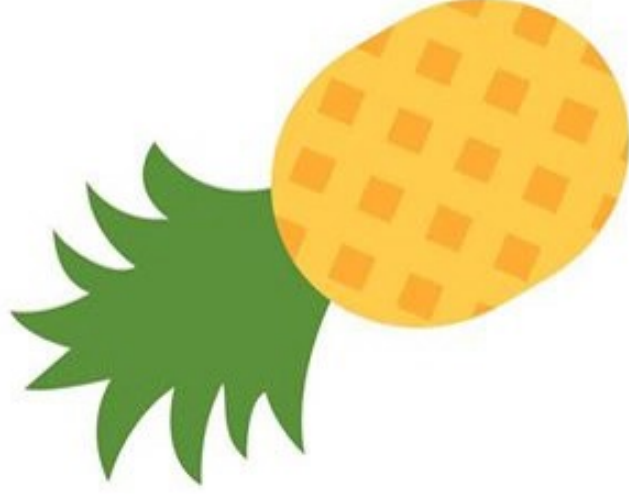
BANANE



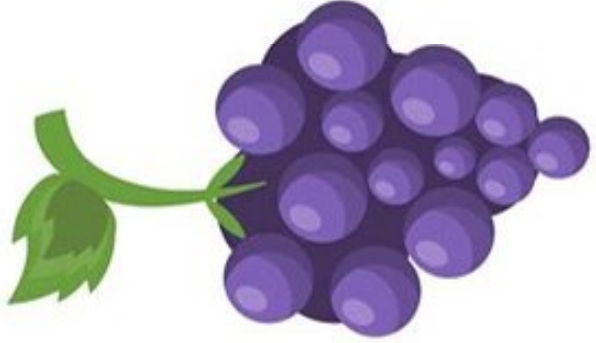
FRAMBOISE



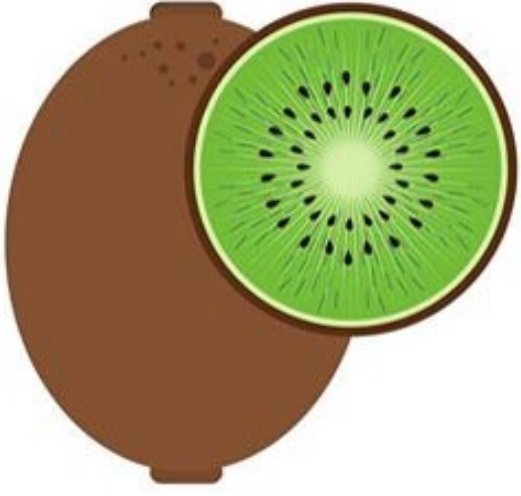
AVOCAT



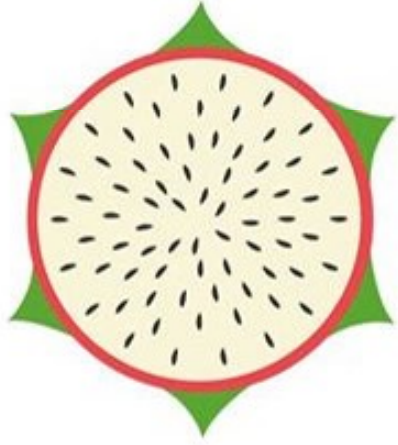
ANANAS



RAISIN



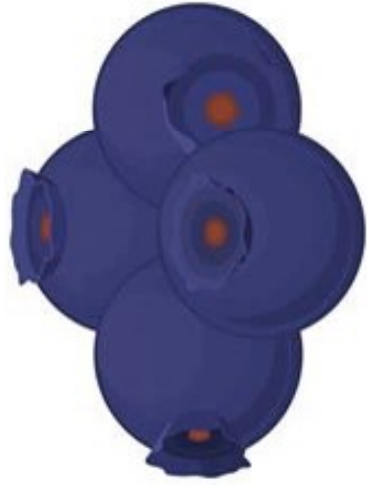
KIWI



FRUIT DU DRAGON



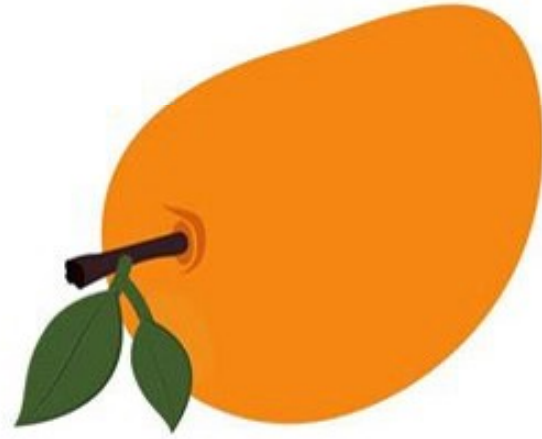
LIME



BLEUET



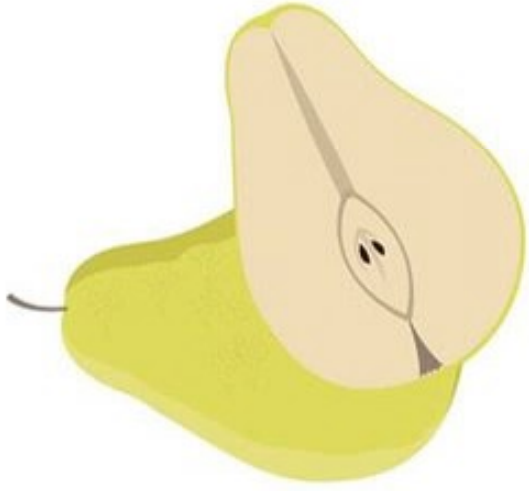
MÛRE



MANGUE



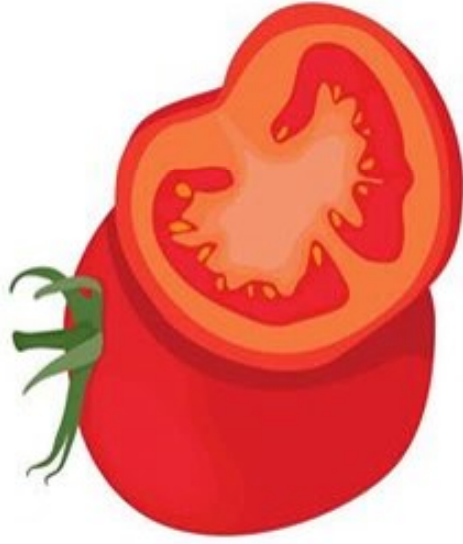
CANTALOUPE



POIRE



CLÉMENTINE



TOMATE



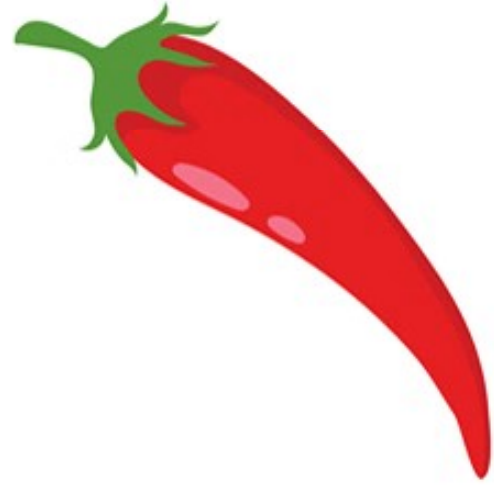
LES LÉGUMES



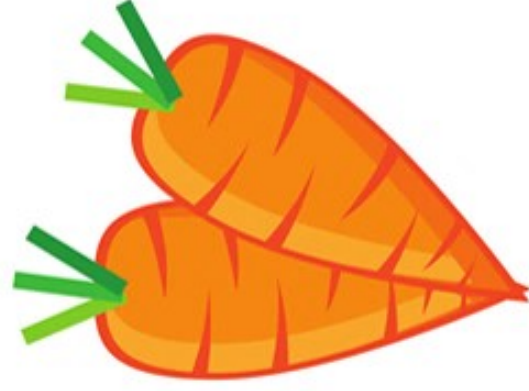
CHAMPIGNON



POIVRON



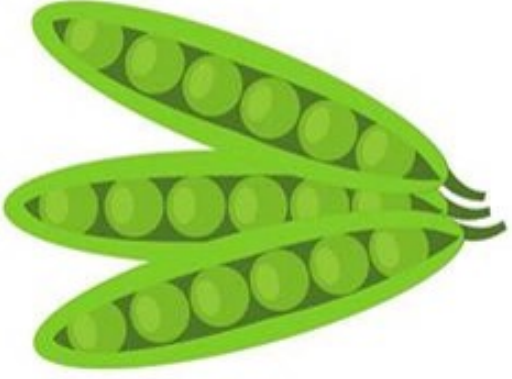
PIMENT



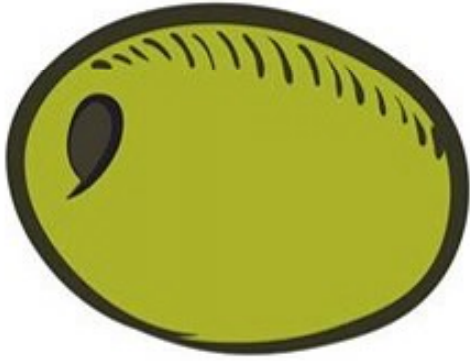
CAROTTE



BROCOLI



POIS MANGE TOUT



OLIVE



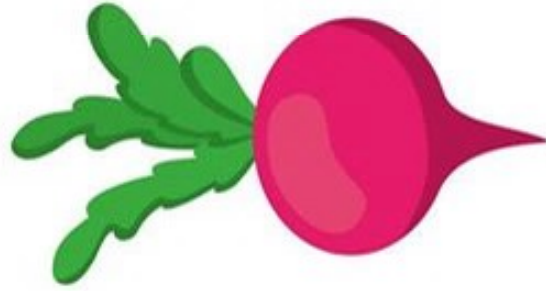
LAITUE



CHOU FLEUR



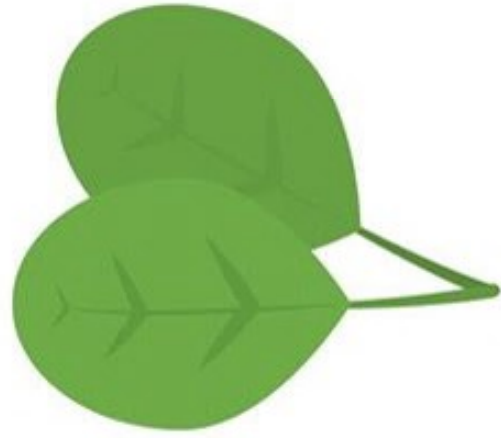
CELÉRI



BETTERAVE



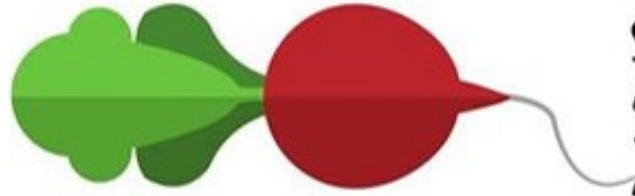
CHOU



ÉPINARDS



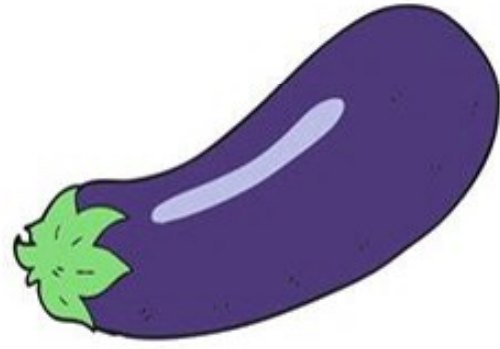
ASPERGES



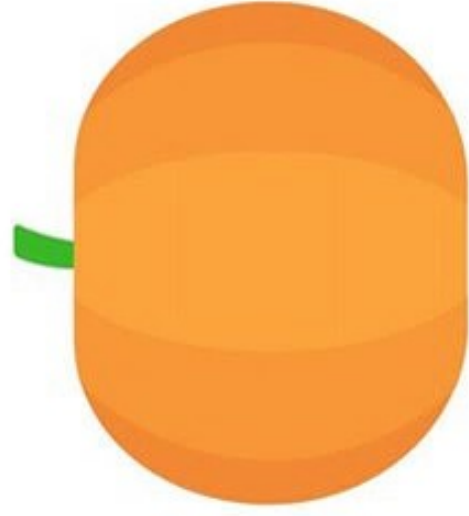
RADIS



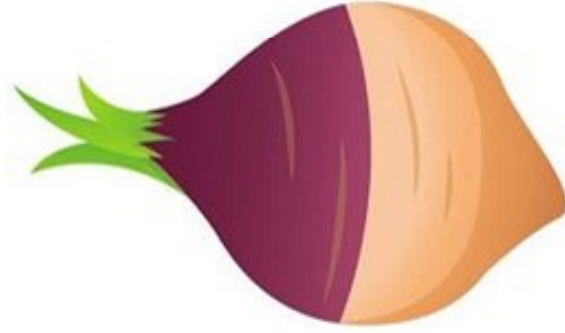
POMME DE TERRE



AUBERGINE



CITROUVILLE



NAVET



OIGNON



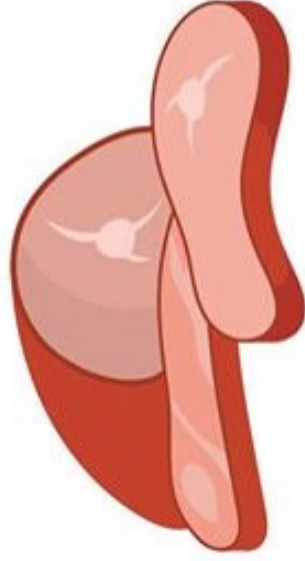
ALIMENTS PROTÉINÉS



BOEUF



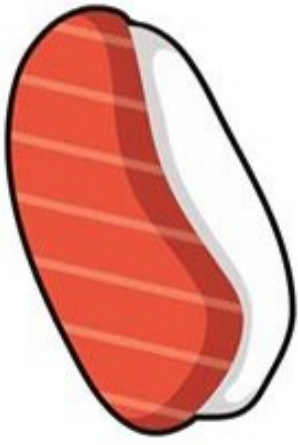
POULET



PORC



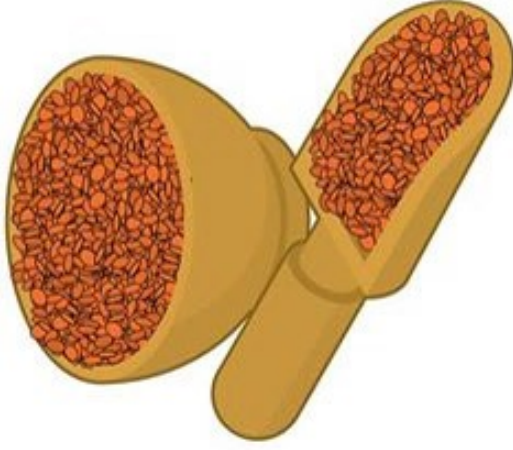
OEUF



POISSON



TOFU



LENTILLES



FROMAGE



ARACHIDES



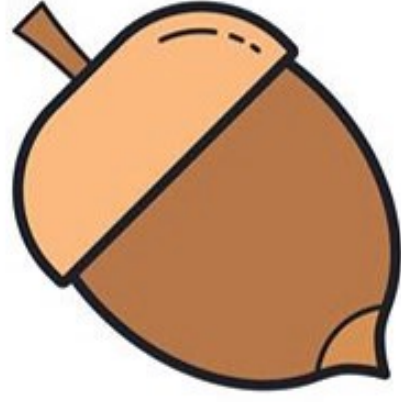
NOIX DE CAJOU



AMANDES



NOIX DE GRENOBLE



NOISETTE



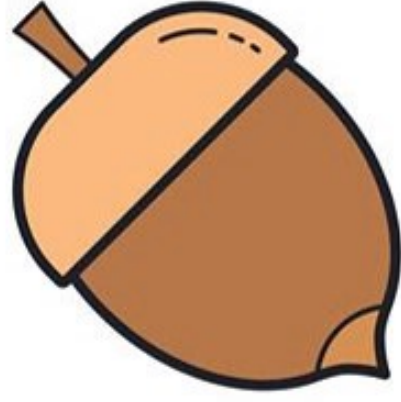
PISTACHES



GRAINES



NOIX DE GRENOBLE



NOISETTE



PISTACHES



GRAINES



FRUITS DE MER



HARICOTS



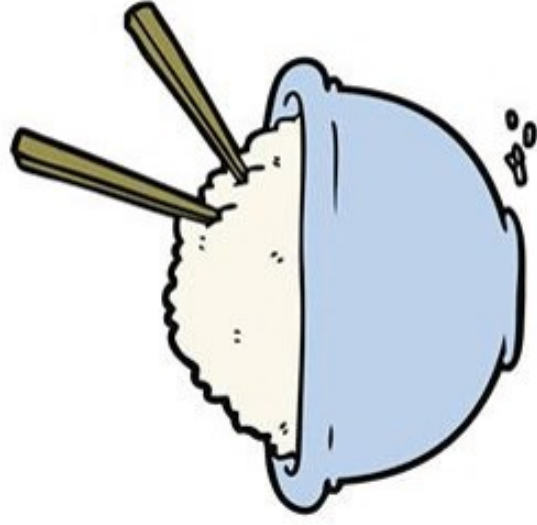
POIS CHICHE



GRAINS ENTIERS



PAIN



RIZ



PÂTES



MAÏS



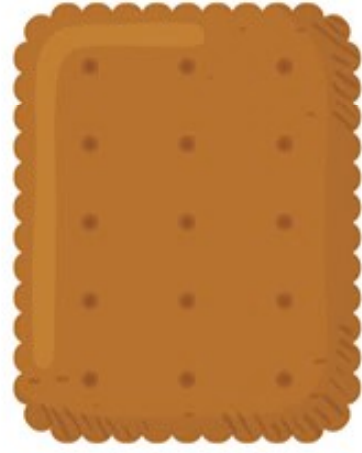
BLÉ



CÉRÉALES

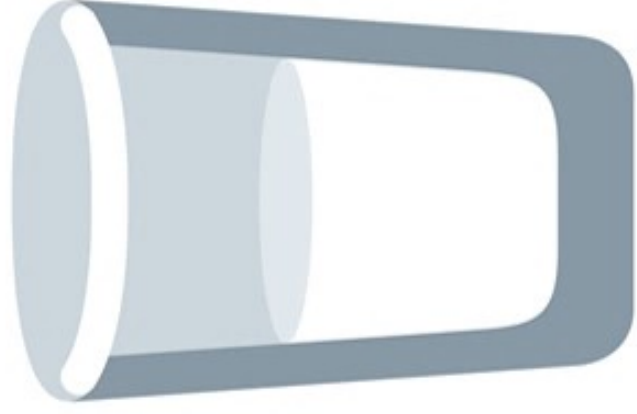


AVOINE

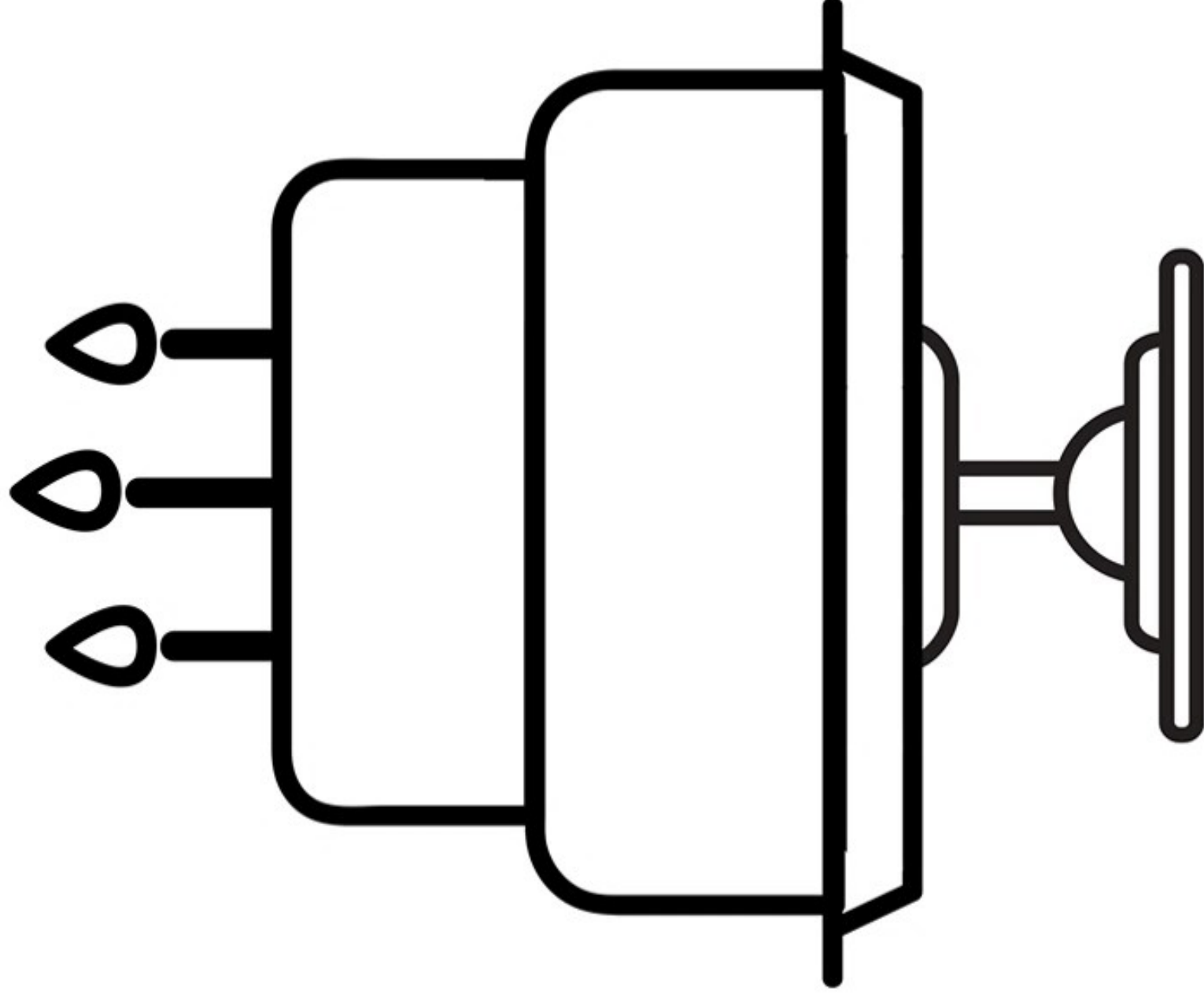


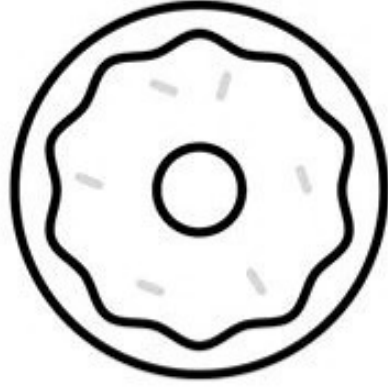
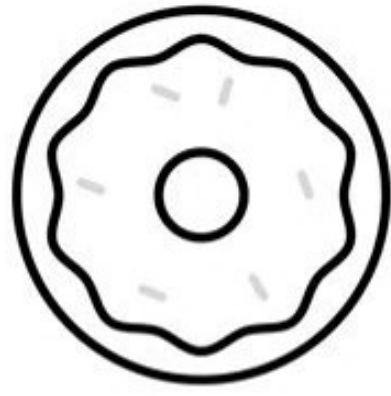
CRAQUELINS

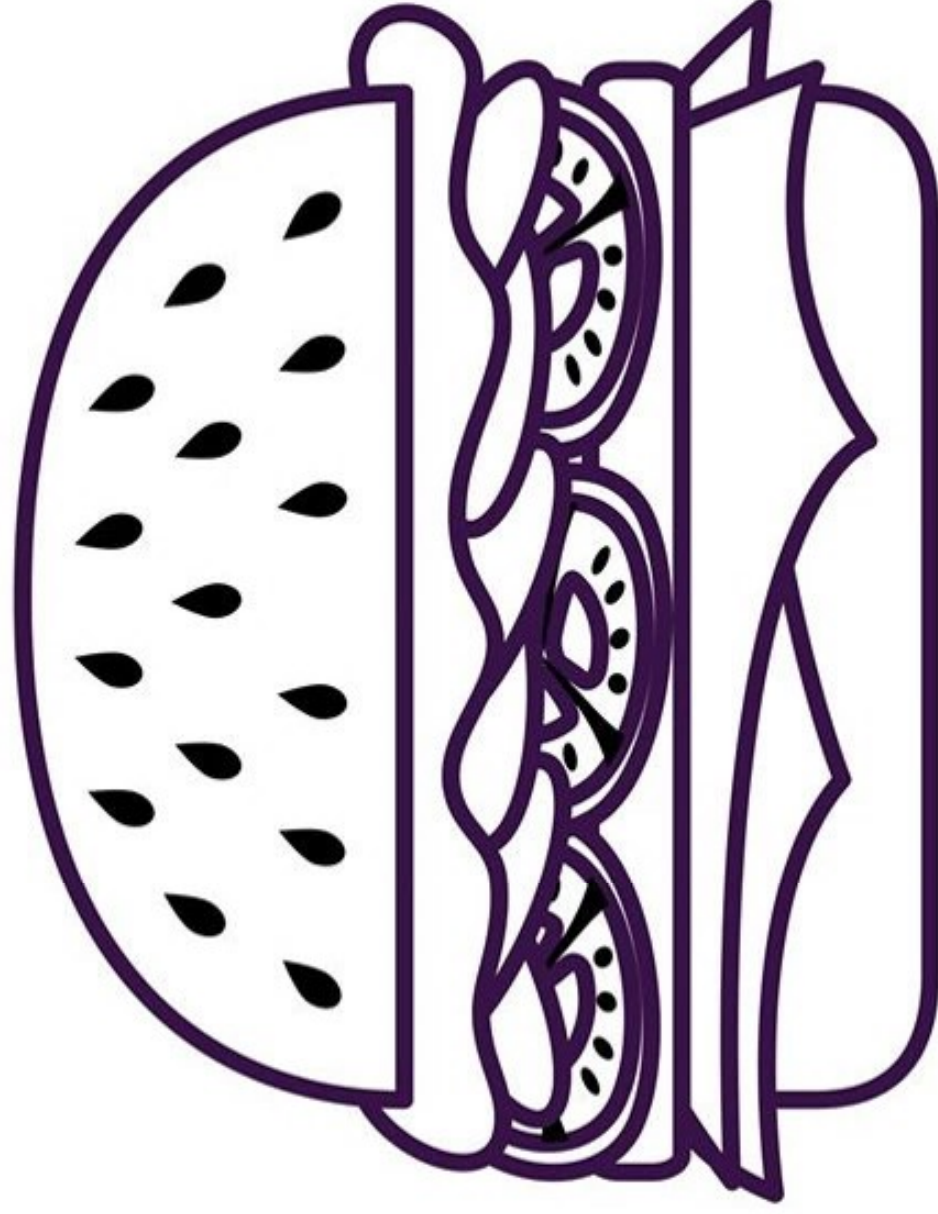
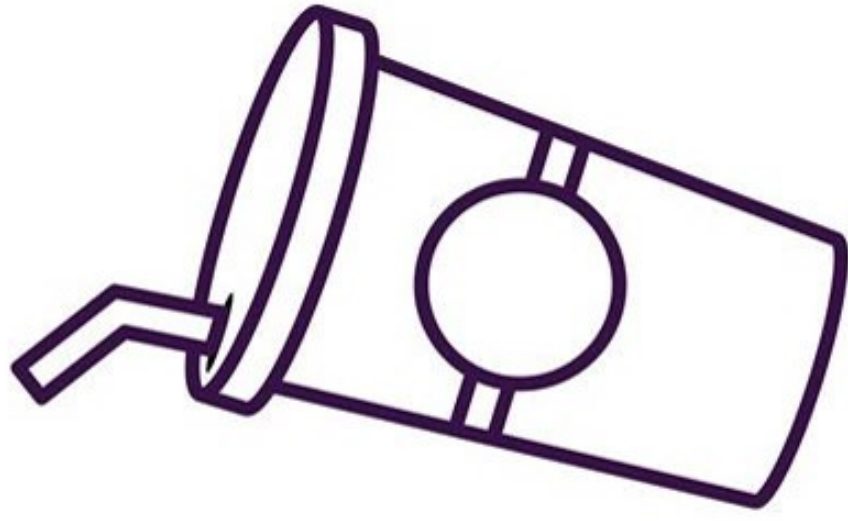
Dessine un repas



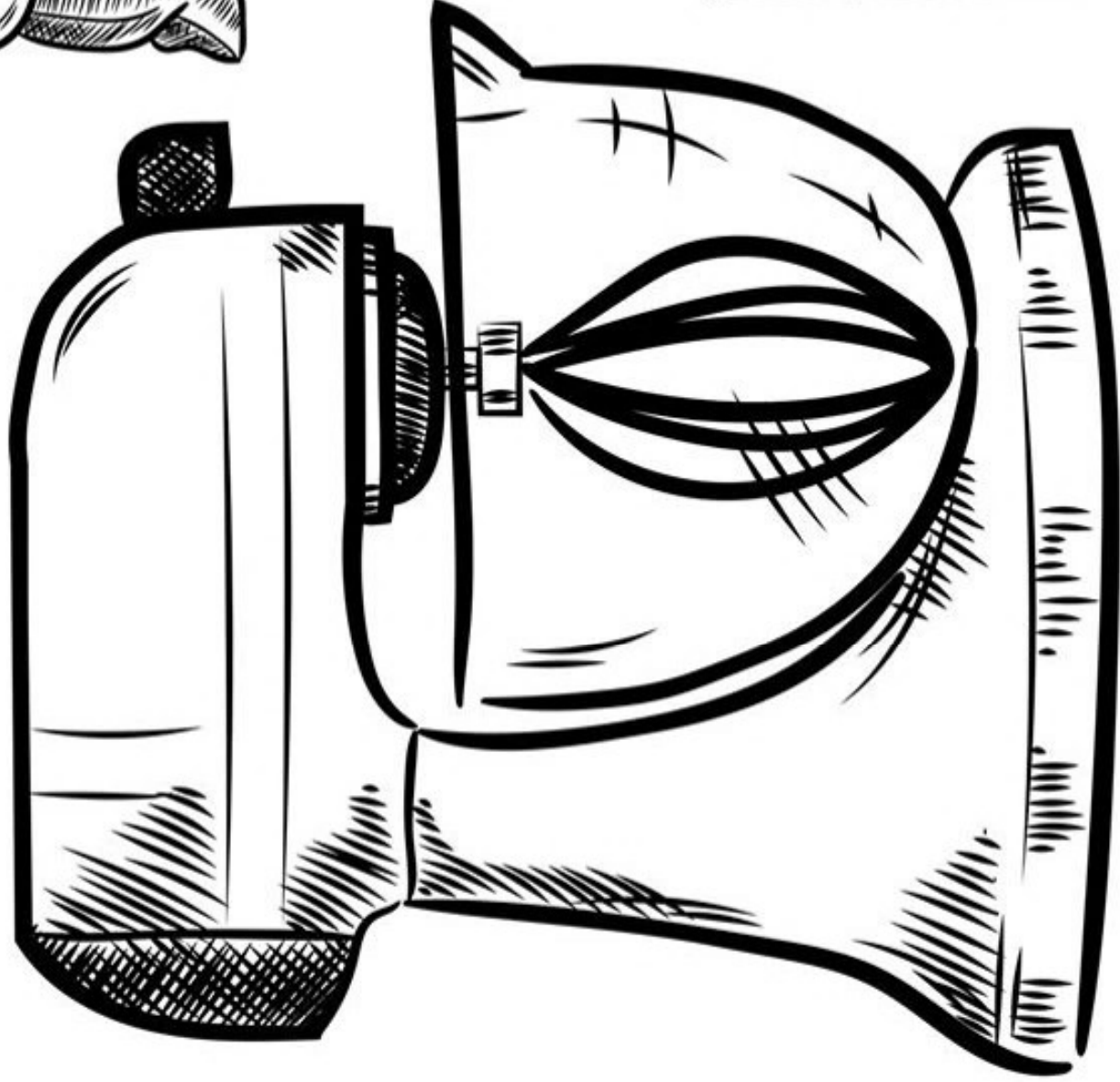
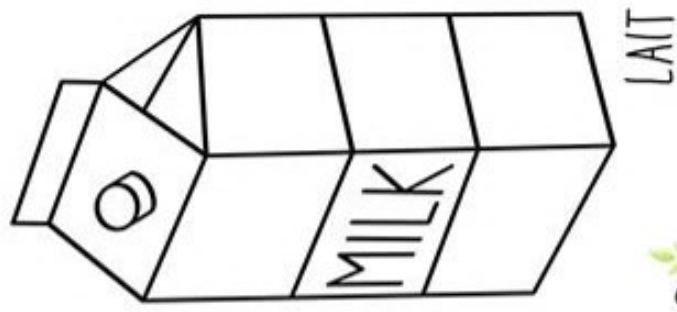
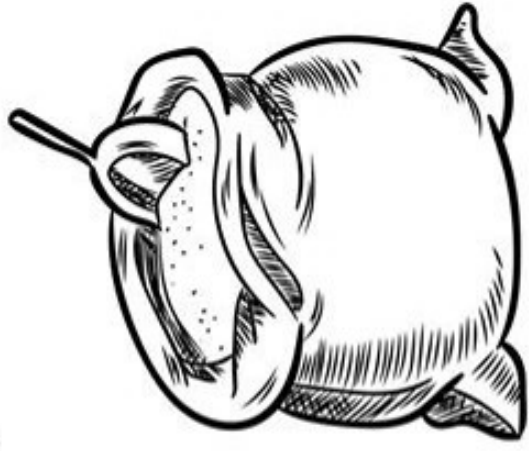
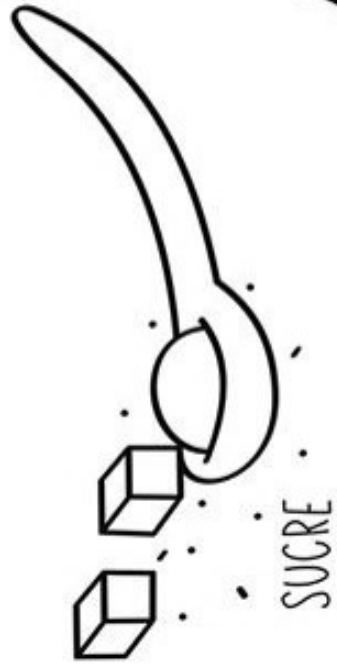
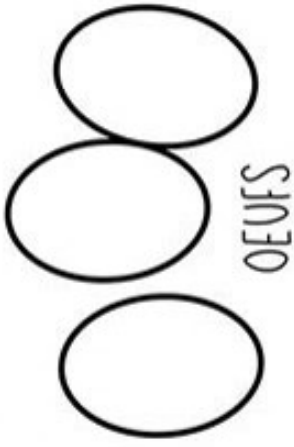
décore le gâteau



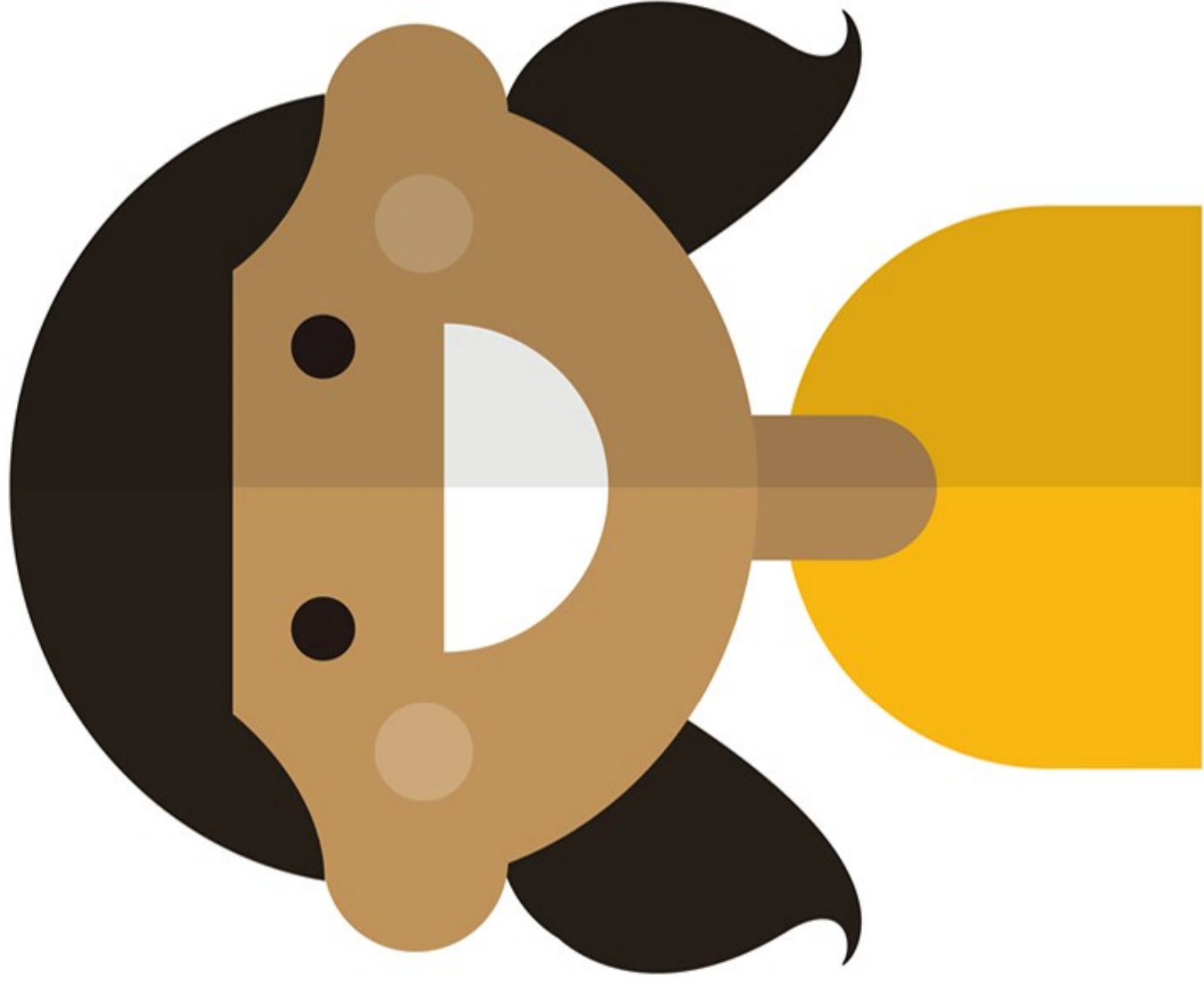




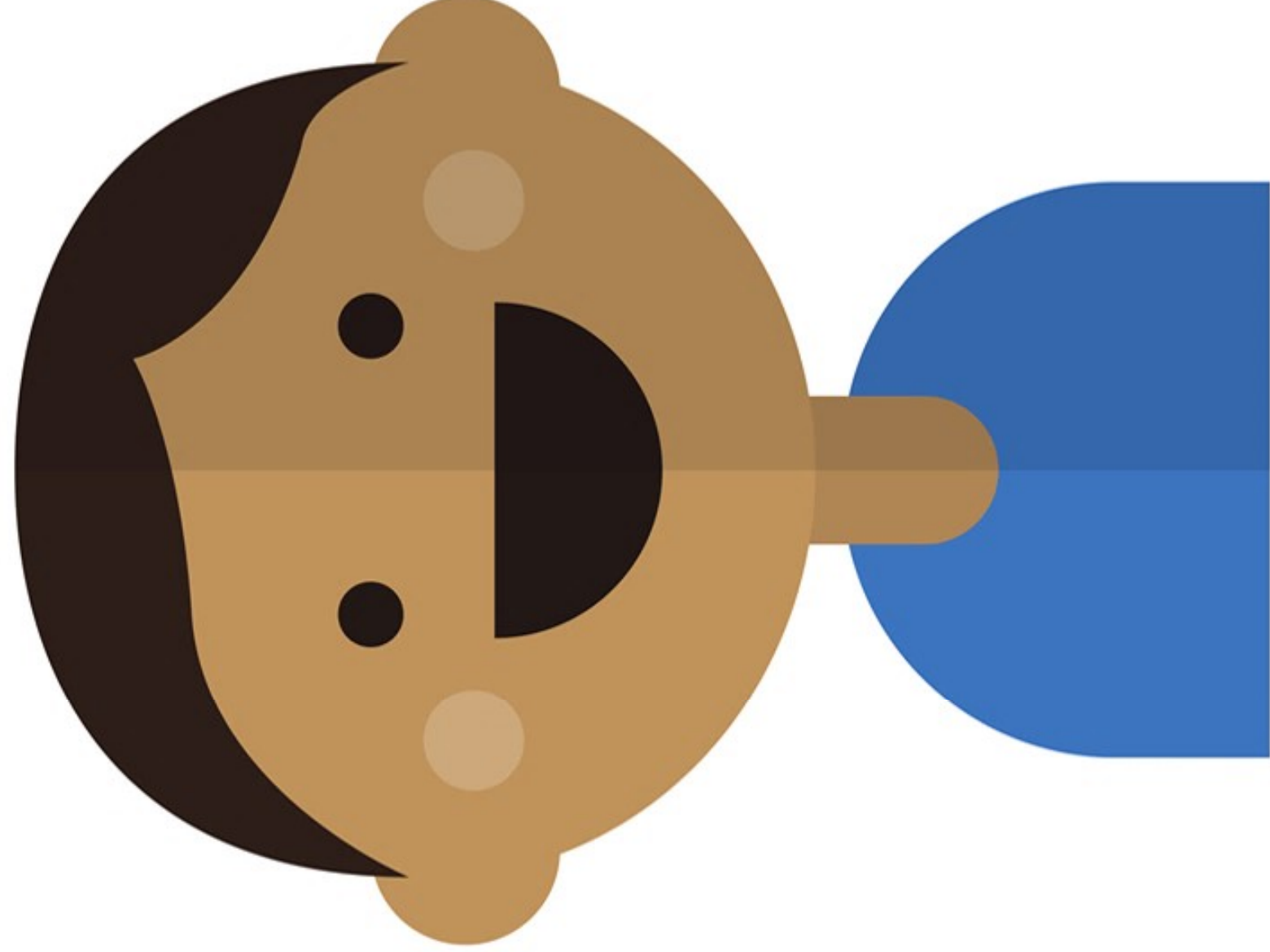
Gâteau



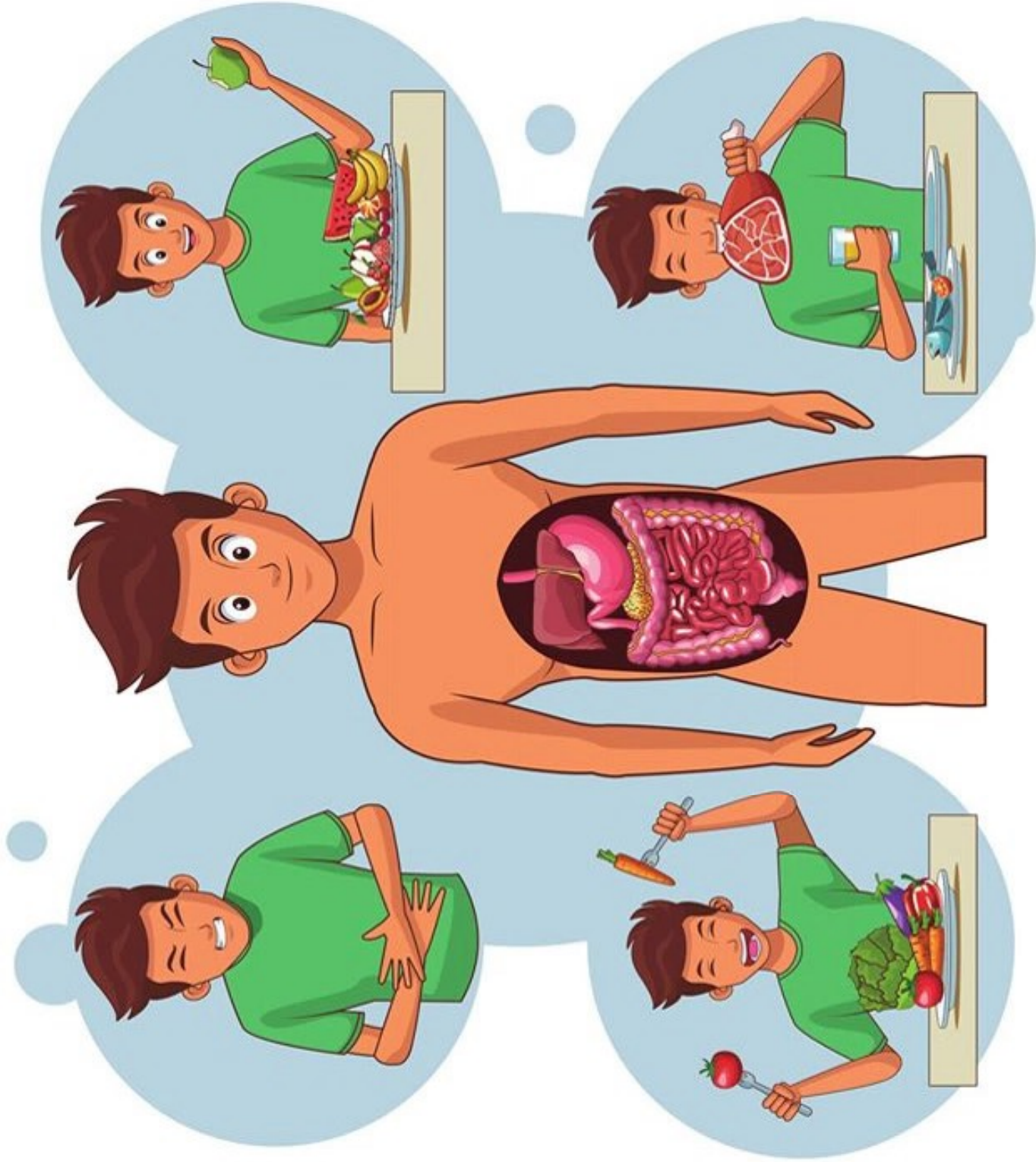
Nettoie le visage



Nettoie le visage



le système digestif



Chanson de la débarbouillette

MENTON FOURCHU

BOUCHE D'ARGENT

NEZ CANGAN

JOUE RÔTIE

JOUE BOUILLIE

P'TIT OEUIL

GROS OEIL

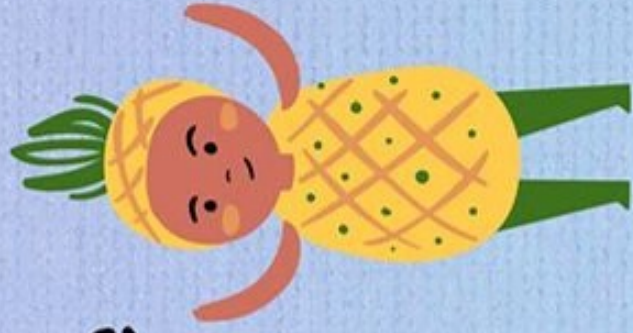
SOURCILLON

SOURCILLETTE

FROTTE FROTTE

LES MENOTTES

(PASSE-PARTOUT)



Les beaux gros légumes

POUSSENT, POUSSENT, POUSSENT,
LES BEAUX GROS LÉGUMES
POUSSENT, POUSSENT, POUSSENT
DE PLUS EN PLUS GROS

MIAM, MIAM, MIAM
LES BEAUX GROS LÉGUMES
MIAM, MIAM, MIAM,
J'AI HÂTE D'EN MANGER

(PASSE-PARTOUT)



QU'EST-CE QU'ON MANGE?

(AUTEUR INCONNU)

J'entends dans mon ventre

un petit glou glou

Il me dit: qu'est-ce qu'on mange

J'ai une faim de loup

Je m'assois en silence

avec mes amis

ça sent bon qu'est-ce qu'on mange

J'ai une faim de loup

Ahouuuuuuuu